



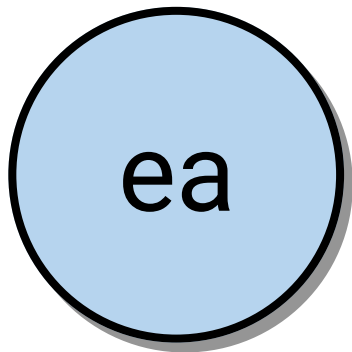
Just Right
Reader



Breakfast Dread

Grow Your phonics Skills!

Look for the vowel team



Try these decodable words!

See [page 15](#) for more.

bread

steak

New Vocabulary

dread: to fear; or to not want something to happen

waffles: like a pancake, but square

Let's Read!

Scan the QR code
to watch a fun 2-minute
video about the book.



Breakfast Dread



Just Right Reader

Every morning when I wake, I dread eating breakfast. I don't like eggs. I don't like waffles. I like bread, but I don't like toast.

I take a deep breath. My head is filled with breakfast dread!

Dread!



I hear heavy steps walking to my room. I pulled the threads on the bedspread as I pulled it over my head.

"Good morning!" said Dad. "Get ready for breakfast!"

"Great," I said under my breath.



I wanted to stay in bed, but I leapt to my feet instead. I checked the weather. The weather looked cold, so I put on a heavy sweater. I took a deep breath.

"Ready, steady, go!" I said to myself.



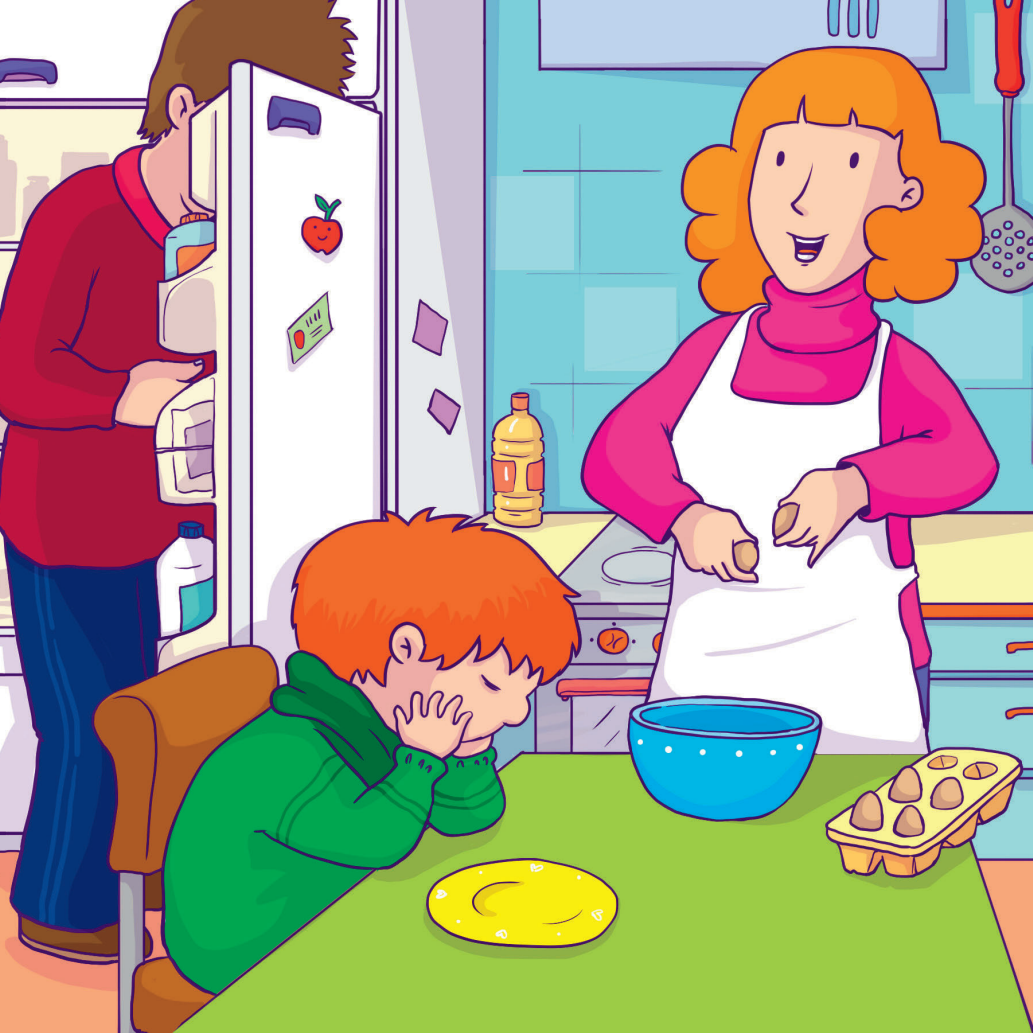
I went down the steps, still filled with the breakfast dread. Mom was cooking our breakfast. Why couldn't I just have bread with butter spread?

I was not ready. Mom took out an egg to break.

"Eggs?" I held my head.

"Yes! Eggs for breakfast are good for your health," she said.

"Can't we make dinner, instead?"

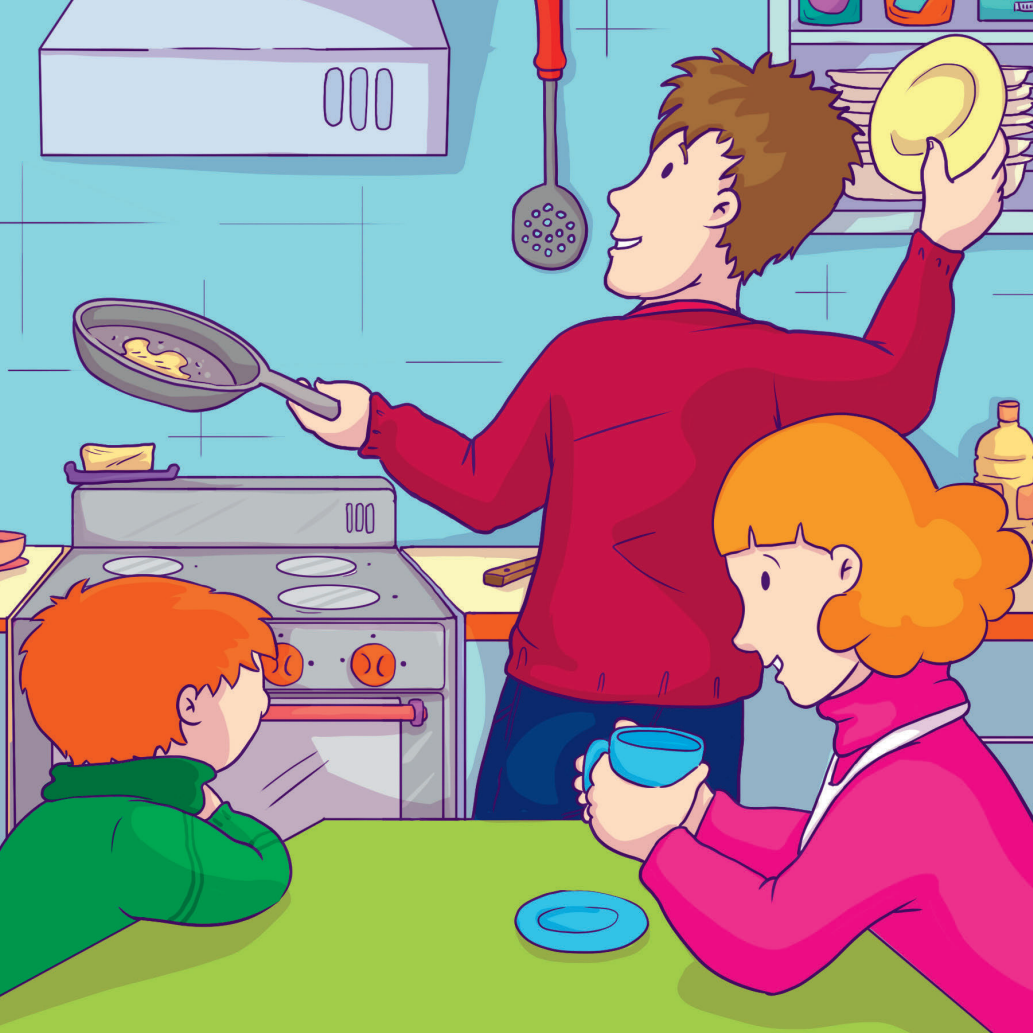


"That's a great idea!" my dad said.

"We can break the breakfast rules a bit! Don't sweat it! We'll make a big, healthy steak, instead!" he said.



I watched my father cook a steak.
He spread butter into the heavy pan.
Then he took a steak and put it in
the heavy pan. When the steak was
done, we were ready. I held my
breath.



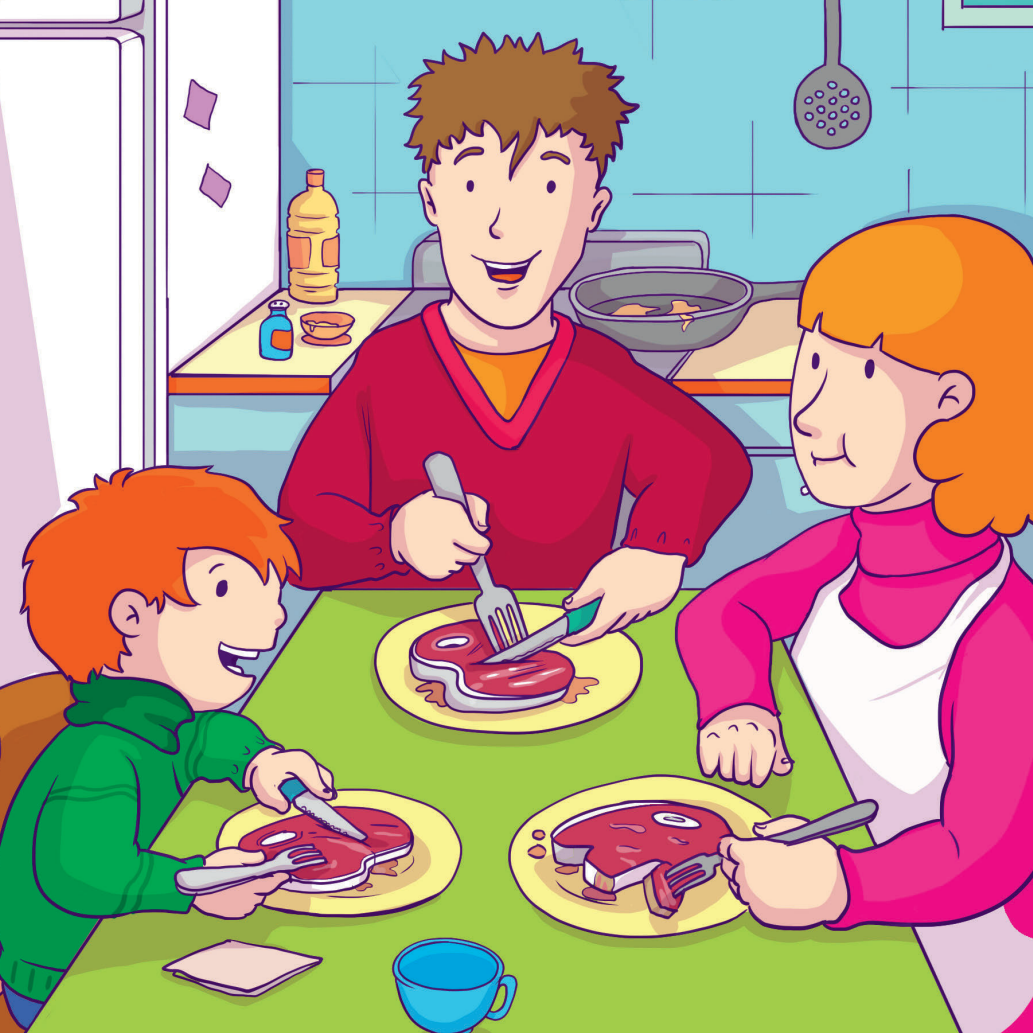
I let out my breath. With a steady hand, I cut into my steak.

"This is great! Dad, you are a great treasure!"

"Do you want some milk?" Mom asked.

"Can we swap that for juice instead?"

We all laughed. And I never dealt with the breakfast dread again.





Phonics Fun

- Use flash cards or the list from the book.
- How fast can you read the words?
- Time yourself reading the words.
- Try to beat your time.



Decodable Words

bedspread	instead
bread	leapt
break	ready
breakfast	spread
breath	steady
dealt	steak
dread	sweat
great	sweater
head	thread
health	treasure
heavy	weather



Comprehension

How would you describe the main character's traits? Why?

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Just Right Reader

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in English and Spanish



Patents Pending

Breakfast Dread

Decodable Set: 45

Skill: Vowel Team ea

Short e and Long a

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