



Just Right  
Reader



# Breakfast Dread



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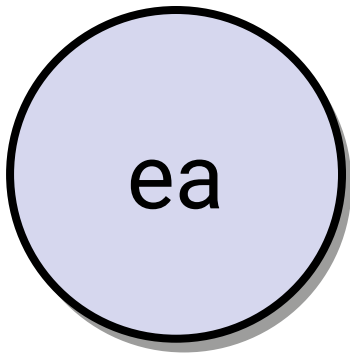
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Just Right Reader, 909 Lake Carolyn Parkway, Suite 875, Irving, TX 75039

# Grow Your phonics Skills!

Look for the vowel team



Try these decodable words!

See [page 15](#) for more.

bread

steak

## New Vocabulary

**dread:** to fear; or to not want something to happen

**waffles:** like a pancake, but square

## Let's Read!

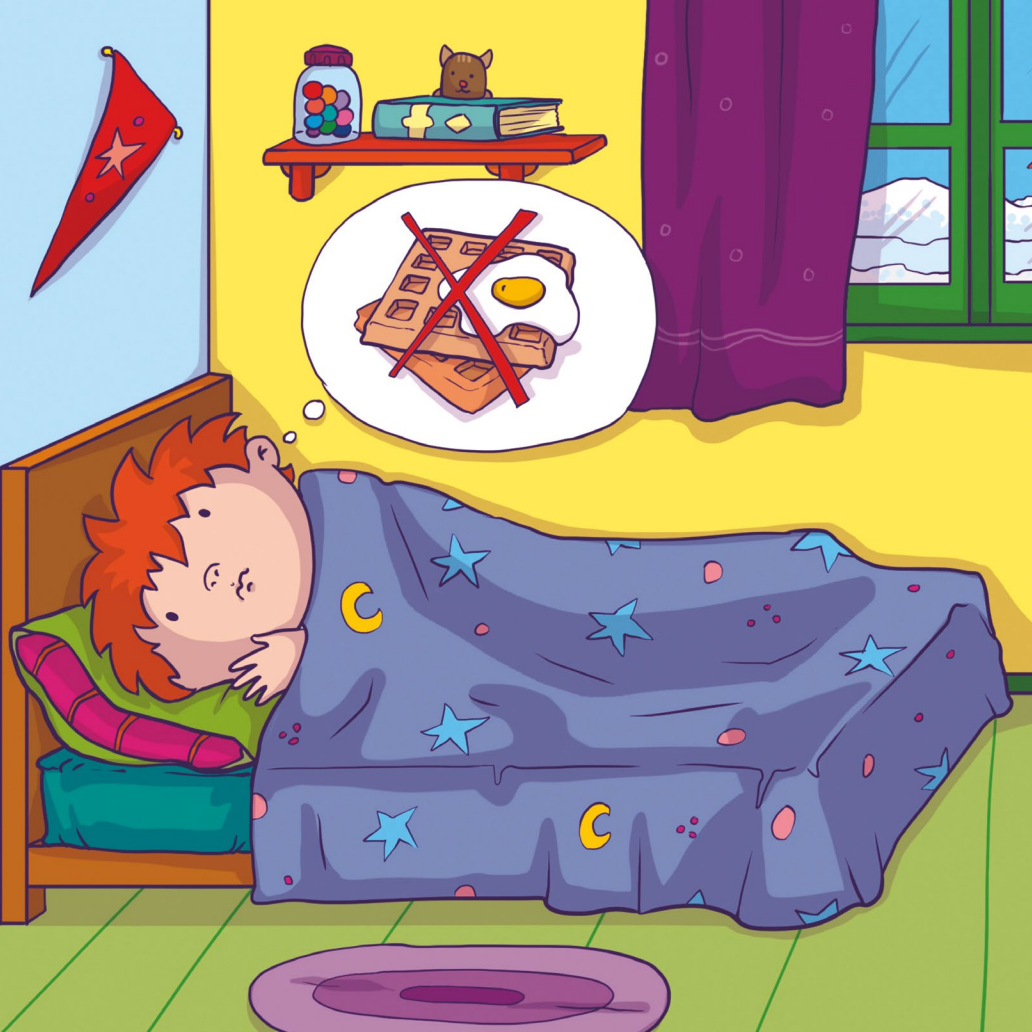
Scan the QR code  
to watch a fun 2-minute  
video about the book.



Every morning when I wake, I  
dread eating breakfast. I don't like  
eggs. I don't like waffles. I like  
bread, but I don't like toast.

I take a deep breath. My head is  
filled with breakfast dread!

Dread!



I hear heavy steps walking to my room. I pulled the threads on the bedspread as I pulled it over my head.

"Good morning!" said Dad. "Get ready for breakfast!"

"Great," I said under my breath.





I wanted to stay in bed, but I leapt to my feet instead. I checked the weather. The weather looked cold, so I put on a heavy sweater. I took a deep breath.

"Ready, steady, go!" I said to myself.



I went down the steps, still filled with the breakfast dread. Mom was cooking our breakfast. Why couldn't I just have bread with butter spread?

I was not ready. Mom took out an egg to break.

"Eggs?" I held my head.

"Yes! Eggs for breakfast are good for your health," she said.

"Can't we make dinner, instead?"



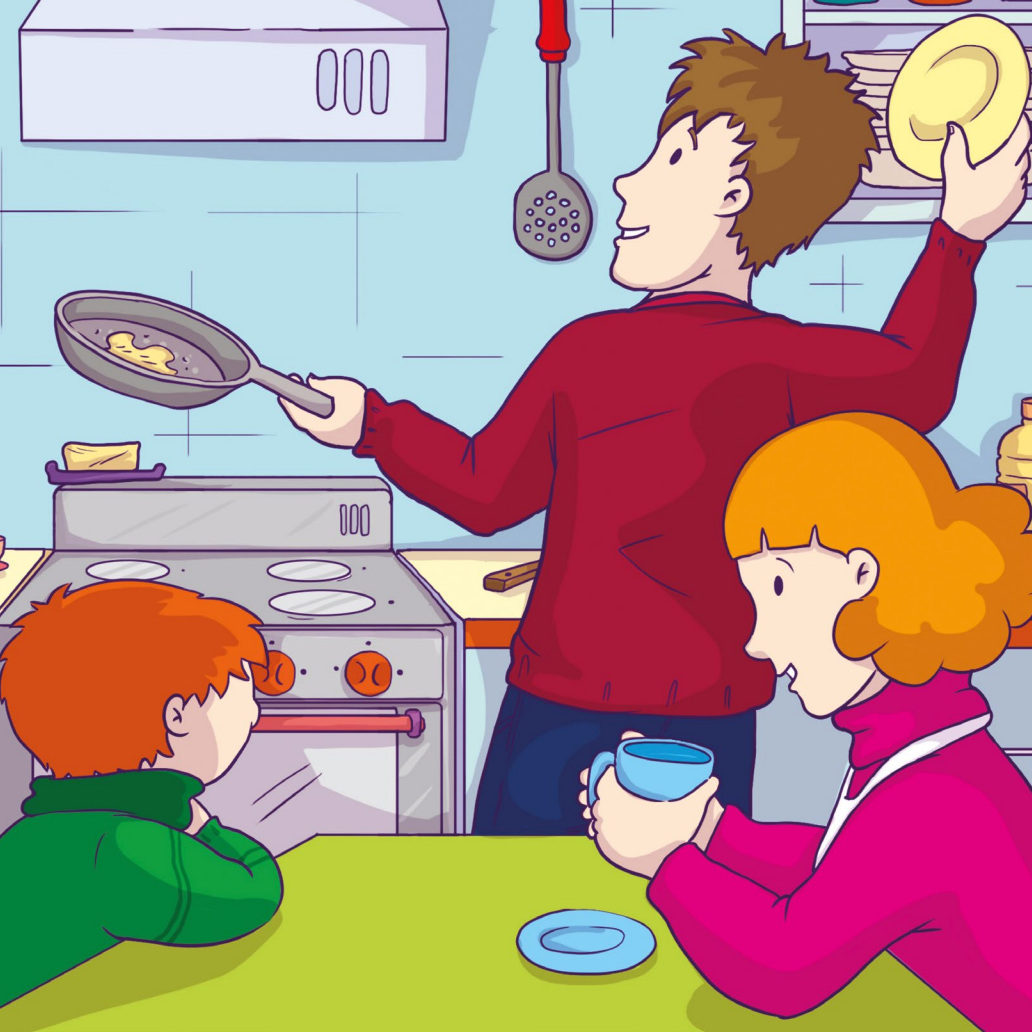
"That's a great idea!" my dad said.

"We can break the breakfast rules a bit! Don't sweat it! We'll make a big, healthy steak, instead!" he said.



I watched my father cook a steak. He spread butter into the heavy pan. Then he took a steak and put it in the heavy pan. When the steak was done, we were ready. I held my breath.





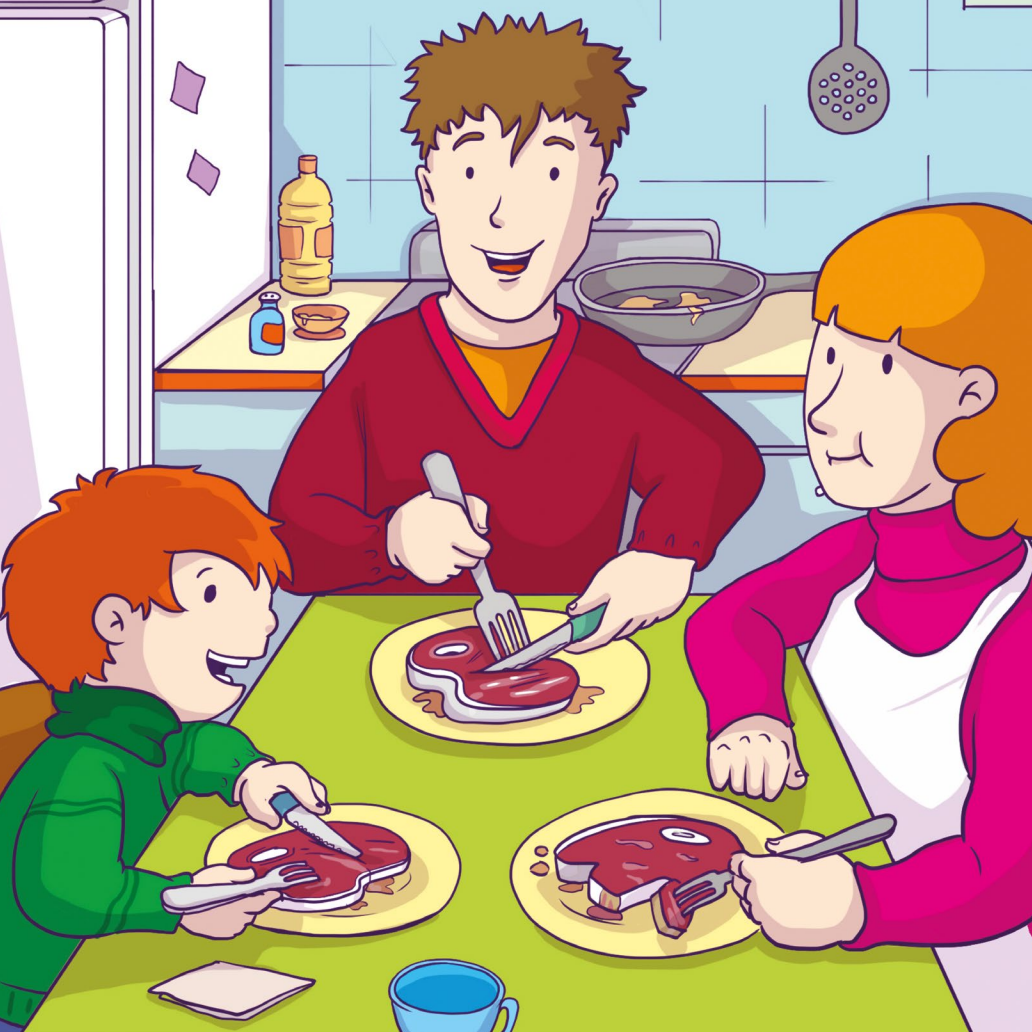
I let out my breath. With a steady hand, I cut into my steak.

"This is great! Dad, you are a great treasure!"

"Do you want some milk?" Mom asked.

"Can we swap that for juice instead?"

We all laughed. And I never dealt with the breakfast dread again.





## Phonics Fun

- Use flash cards or the list from the book.
- How fast can you read the words?
- Time yourself reading the words.
- Try to beat your time.



## Decodable Words

bedspread	instead
bread	leapt
break	ready
breakfast	spread
breath	steady
dealt	steak
dread	sweat
great	sweater
head	thread
health	treasure
heavy	weather



## Comprehension

How would you describe the main character's traits? Why?



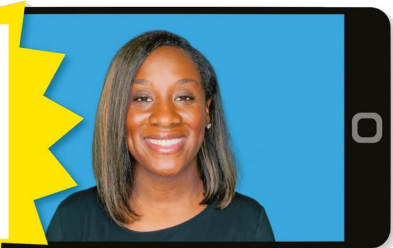






# Just Right Reader

**Scan the QR code** for a phonics lesson  
in English and Spanish



Patents Pending

## Breakfast Dread

Decodable Set: 45

Skill: Vowel Team ea

Short e and Long a

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